

About Dr. Sahana Mitra

I'm a Child Psychologist by education & have several years of graduate and post graduate teaching experience in several Indian colleges. My area of interest has been child and family psychology particularly adoptive families on which my doctoral dissertation was also based. I've also researched in the area of self awareness. During my career as a child psychologist and working with children and adolescents, I undertook various therapeutic trainings such as art therapy, dance therapy, and sexuality counselling skills. With my research interest in adoption and training as a psychologist, my efforts are to develop the link between the fields of psychology to the social dynamics of adoption, based in the domain of social work. Hence, I have published the work out of the research work done at Master's and Doctoral level with adoptive parents in India, which I am glad to share at Padme platform. Currently, I'm involved in writing few comparative cross-cultural research works on India-Ireland adoption system. These papers will be available when they are published by the journals in the coming years.

As I am involved with researching adoptive parents and their children, if anyone is interested to know more about this area or want to be the part of the project work, please contact me at the following email or twitter address.

Thank you

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